

ARCHER'S RELEASE TRAINER SIZE CHART



RED ARCHER'S RELEASE TRAINER CHART TO MATCH DRAW LENGTH TO HOLD WEIGHT (+/- 2 Lbs.)

DRAW LENGTH (INCHES)	HOLD WEIGHT (POUNDS)												
	8	9	10	11	12	13	14	15	16	17	18	19	20
24	15.5	15	14.5	14	13.75	13	12.66	12.33	12	11.75	11.5	11.25	11
24.5	16	15.5	15	14.5	14	13.5	13	12.66	12.33	12	11.75	11.5	11.25
25	16.66	16.33	16	15.5	15	14.5	14	13.5	13	12.5	12	11.75	11.5
25.5	17	16.75	16.5	16.25	16	15.5	15	14	13.5	13	12.5	12	11.5
26	18	17.5	17	16.5	16	15.5	15	14.5	14	13.5	13	12.5	12
26.5	18.25	18	17.66	17.33	17	16.5	16	15.5	15	14.25	13.5	13	12.5
27	18.75	18.5	18.26	18	17.5	17	16.5	16	15.5	15	14	13.5	12.75
27.5	19	18.75	18.5	18.25	18	17.5	17	16.5	16	15.5	15	14	13
28	19.5	19.25	19	18.75	18.5	18.25	18	17.5	17	16.5	16	15	14
28.5	19.75	19.5	19.25	19	18.75	18.5	18.25	18	17.5	17	16.5	16	15
29	20	19.75	19.5	19.25	19	18.75	18.5	18.25	18	17.5	17	16.5	16
29.5	20.5	20.25	20	19.75	19.5	19.25	19	18.66	18.33	18	17.5	17	16.5
30	21	20.75	20.5	20.25	20	19.66	19.33	19	18.66	18.33	18	17.5	16.5
30.5	21.5	21.25	21	20.66	20.33	20	19.66	19.33	19	18.66	18.33	18	17
31	22	21.75	21.5	21.25	21	20.5	20	19.66	19.33	19	18.66	18.33	18
31.5	22.5	22	21.75	21.5	21.25	21	20.5	20	19.66	19.33	19	18.75	18.5
32	23	22.5	22	21.75	21.5	21.25	21	20.5	20	19.75	19.5	19.25	19

GREEN ARCHER'S RELEASE TRAINER CHART TO MATCH DRAW LENGTH TO HOLD WEIGHT (+/- 2 Lbs.)

DRAW LENGTH (INCHES)	HOLD WEIGHT (POUNDS)												
	8	9	10	11	12	13	14	15	16	17	18	19	20
24	16.75	16.5	16.4	16.2	16	15.75	15.5	15.4	15.2	15	14.9	14.7	14.5
24.5	17.25	17	16.85	16.7	16.5	16.35	16.2	16	15.75	15.5	15.35	15.2	15
25	17.75	17.5	17.35	17.2	17	16.85	16.7	16.5	16.25	16	15.85	15.7	15.5
25.5	18	17.85	17.7	17.5	17.35	17.2	17	16.85	16.7	16.5	16.25	16	15.75
26	18.5	18.35	18.2	18	17.85	17.7	17.5	17.35	17.2	17	16.85	16.7	16.5
26.5	19.25	19	18.85	18.7	18.5	18	17.85	17.7	17.5	17.2	17	16.75	16.5
27	19.75	19.5	19.35	19.2	19	18.85	18.7	18.5	18.25	18	17.85	17.7	17.5
27.5	20.25	20	19.75	19.5	19.35	19.2	19	18.85	18.7	18.5	18.25	18	17.25
28	20.5	20.35	20.2	20	19.85	19.7	19.5	19.25	19	18.85	18.7	18.5	18.25
28.5	21	20.75	20.5	20.35	20.2	20	19.85	19.7	19.5	19.25	19	18.75	18.5
29	21.5	21.25	21	20.85	20.7	20.5	20.35	20.2	20	19.75	19.5	19.25	19
29.5	22	21.2	21.8	21.5	21.25	21	20.85	20.7	20.5	20.35	20.2	20	19.5
30	22.5	22.25	22	21.85	21.7	21.5	21.25	21	20.85	20.7	20.5	20.25	20
30.5	23	22.75	22.5	22.25	22	21.85	21.7	21.5	21.35	21.2	21	20.75	20.5
31	23.5	23.25	23	22.85	22.7	22.5	22.25	22	21.85	21.7	21.5	21.25	21
31.5	24	23.75	23.5	23.25	23	22.85	22.7	22.5	22.25	22	21.85	21.7	21.5
32	24.5	24.25	24	23.85	23.7	23.5	23.25	23	22.75	22.5	22.25	22	21.75



Chord length (inches) measured from end of "D Loop" to closest end of insert.

*** HOLD WEIGHT = (DRAW WEIGHT) X (1.0 MINUS LET OFF)**